

**LESSON 15**  
**“HUMILITY”**  
(page 1)



**BIBLE CONNECTION**

1 Samuel 25:2-42  
(KBC Study Bible, pages 315-317)

**CHARACTER WORD**

Humility – Opposite of prideful,  
arrogant, conceited

**TEACHING OBJECTIVE**

With God’s help, I can humbly  
speak the truth.

**MEMORY LINK**

**Proverbs 15:1**

“A soft answer turns away wrath,  
but a harsh word stirs up anger.”

(KBC Study Bible, page 681)

**SUPPLIES NEEDED  
THIS WEEK**

**GET CONNECTED**

Memory Link cards, Hang  
10 pages, index cards, pens,  
highlighters

**MEMORY LINK ACTIVITY**

Full soda bottle  
Option 1: Empty soda bottle  
Option 2: Hula hoops

**BIBLE CONNECTION**

None

**SURF TEAM LEADER**

Memory Link cards, Hang  
10 pages, index cards, pens,  
highlighters

**MAKE-IT-STICK  
REVIEW GAME**

Option 1: Sponge balls,  
painters’ tape,  
clean waste basket  
Option 2: Sponge balls,  
painters’ tape, spatulas

# Abigail Risks Her Life

## WHAT’S THE POINT?

In today’s lesson, students will learn they can show humility by putting the needs of others before their own. With humility, Abigail risked her life to dispel the conflict between two angry men. Through Abigail’s example of humility, students will learn they can humbly resolve conflict and help bring about peace. Jesus provided the ultimate example of humility when He took the punishment for our sins and provided the way for people to be at peace with God. Students will learn that with God’s help, they can humbly speak truth.

## GET CONNECTED

Building relationships in surf teams; introducing today’s lesson



Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Use the following conversation prompts to get to know the students in your surf team and to introduce today’s lesson.

- Today’s character word is “humility.” What does “humility” mean to you?
- How does helping your friends work out a conflict show humility?
- How can you show humility when you’re caught in the middle of a conflict?



Guide clubbers to locate and mark today’s Bible Connection and Memory Link in their Bibles, if they brought one, so they can find the pages quickly as directed in the session.

## WORSHIP TIME

Pointing hearts toward God

As you consider these song selections by Amber Sky Records, think of our character word, humility this week. Humility starts with a right view of God and our relationship to Him.

“I Can Do All Things”

“Today and Every Day”





## BIBLE CONNECTION



## LESSON 15 "HUMILITY" (page 3)

Teaching today's Character Word through a gospel-centered Bible story

No supplies needed

### Set the Stage

Open your KBC Study Bibles to 1 Samuel 25:2-42. Our story begins on page 315. There are three main people in today's story. First, there's David. David and his friends were running and hiding from King Saul. God had chosen David to be the new king and King Saul didn't like it one bit. He wanted to kill David. Each time you hear me say David's name, say, "future king."

Next, there's Nabal. The Bible describes Nabal as very rich, very harsh and very evil. In fact, his name even means "fool." So, when you hear me say Nabal, cross your arms, make a grumpy face and say angrily, "grumpy dude."

Finally, we have Abigail. Abigail was Nabals' wife. The Bible says she was beautiful and wise. Each time I say Abigail's name, fold your hands quietly, and in your sweetest southern belle voice say, "Get along, boys."

Now let's practice before the story gets going. Practice a couple times with students. Now our story...

### Tell the Story

DAVID (pause) had been running for his life from King Saul. He and his friends had stopped to rest. They ran into NABAL's (pause) servants who were out in the field taking care of the sheep. DAVID's (pause) men and the servants got along nicely. The men were kind to the servants and protected them.

A while later, the time came for a special feast. By now DAVID (pause) and his men were nearby NABAL's (pause) house. DAVID (pause) sent messengers to NABAL (pause) to deliver a message saying, "Peace to you and to your house. My men and I were very kind to your servants. Would you please return the favor by sharing food with us so we can celebrate the feast day?"

NABAL (pause) was grumpy and arrogant and harsh. He said, "Who's DAVID (pause) anyway? I don't know anything about him. I'm not going to share MY bread or MY water or MY meat with these strangers. Go away!"

Well, the messengers came back and reported what had been said. DAVID (pause) had humbly asked for help and NABAL (pause) replied with selfishness and pride, so DAVID (pause) got very angry. He was so angry that he told his men to get their swords out and he led them toward NABAL's (pause) house for a fight.

Now ABIGAIL (pause) didn't know a thing about any of this until one of the servants came and told her what was happening. The servant explained how kind DAVID (pause) had been to them in the field. ABIGAIL (pause) thought quickly and moved into action. She told the servants to gather up food for a feast and take it to DAVID (pause) and his men. She sent them with 200 loaves of bread, the meat from five sheep, 100 clusters of raisins, two skins of wine, 200 fig cakes and more! Her servants loaded it up on donkeys and set off toward DAVID (pause) and his men... who at that very moment had their swords out marching toward NABAL (pause)... who at that very moment had no clue what ABIGAIL (pause) was up to.

### As You Prepare

Allowing students to be a part of the Bible Connection Time is a great way to engage them and help them learn. They will be excited about God's word when you show excitement about the lesson you are teaching from God's word.

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*ABIGAIL (pause) and DAVID (pause) came face to face in the valley between two hills. ABIGAIL (pause) humbly bowed down low to the ground and spoke to DAVID (pause). She said, “Please don’t pay any attention to my scoundrel husband, NABAL (pause). He is a foolish man and makes poor decisions. It’s not too late for you to make the right decision by turning back and not taking out revenge on my husband. You will regret it if you act in anger and take lives over this foolishness. Now, please accept this gift of food that I give to you today. Please forgive me for getting in the middle of this. I know that God is with you and will continue to bless you as the new ruler over Israel. Please remember me when you become king.*

*DAVID (pause) praised God for sending ABIGAIL (pause). Her humble actions prevented him from making a terrible mistake in his anger. DAVID (pause) received the gifts and told ABIGAIL (pause) she could go in peace.*

*Now ABIGAIL (pause) knew she needed to tell NABAL (pause) what had happened. But NABAL (pause) was so drunk at the feast that she wisely decided it was best to wait until morning. The next day, she told him everything. The minute he heard her story, the Bible says, “his heart died within him and he became like a stone,” and a few days later he died.*

Thank the student volunteers for their part in telling the story. Instruct them to stop now as you continue.

**Application**

*Wow, Abigail’s humble, soft answer really helped resolve an angry situation. Let’s say you had two friends who got angry at each other out on the playground at school. What would you do? Would you be willing to humbly do what Abigail did and help your friends stop fighting so they wouldn’t hurt each other?*

**Gospel Connection **

*Think about how Abigail’s humility made a difference for David. Jesus’ humility makes a much bigger difference for you and me. Jesus valued you more than Himself when He chose to die on a cross and take the punishment for your sins. All you have to do is ADMIT that you have sinned and ASK Jesus to come into your life and forgive you of all your sin. Next, BELIEVE that Jesus died on the cross for your sins. Then CHOOSE TO FOLLOW Jesus. So, if any of you would like to pray today and ASK Jesus to be your Forever Friend and you have never done that before, then please come talk to me after I pray.*

Invite students wanting to know more about praying to ask Jesus to be their Forever Friend to move to the designated counseling area to talk with a leader one on one. Be sure to have counseling supplies available.

**Gospel Tip**

A child from a religious background will need to answer questions regarding their understanding of Jesus and the truth of all of God’s word. An unchurched child will not understand any of the Christian terms we use and need unfamiliar words defined.

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## SURF TEAM TIME

Connecting with students in small groups;  
applying today’s Bible Connection and Character Word



## LESSON 15 “HUMILITY” (page 5)

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

### Today’s Bible Lesson

- Before you begin, ask if there are any students who would like to talk with the Bible Connection Leader about praying to ask Jesus to become their Forever Friend. If so, let them go to the designated area.
- *What questions do you have about today’s story?*

### Use the Bible

Give each student a Memory Link card. Review today’s Memory Link and Character Word. Guide them to use cards to mark today’s story in their KBC Study Bibles, if they brought one, and lead them to highlight today’s Memory Link.

### Hang 10 Pages

Give each student a Hang 10 page. Challenge them to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage students to do the Weekly Challenge and bring back their Hang 10 pages next week for a time of discussion.

*Look at Day 3 of the Hang 10. Read 1 Samuel 25: 24-42 (KBC Study Bible, page 315-317). Who can you share this story with? Tell someone the story of Abigail’s soft answer and how responding with humility kept an angry situation from getting worse.*

### Pray

Give the students a few minutes to share their prayer requests or write them on index cards. Ask a volunteer to lead the group in prayer. Take the cards home and remember to pray for the student in your surf team this week.

*Jesus, thank You for showing us the best example of humility by dying on the cross for our sins and making a way for us to be with You forever. In Jesus’ name, amen.*

### Connection Tip

Remember to extend an ongoing invitation to your Beach Club® families to your church programs and events. Whether a student lives with both parents, a single parent, grandparents or a foster situation, there’s a place for everyone at your church! Consider making in-home visits to these families. Remember, they may also have other siblings in the home that don’t attend Beach Club®. Personal visits are a great way to show you care about the whole family.

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