LESSON 15 "HUMILITY" (page 1)



BIBLE CONNECTION

1 Samuel 25:2-42 (KBC Study Bible, pages 315-317)

CHARACTER WORD

<u>Humility</u> – Opposite of prideful, arrogant, conceited

TEACHING OBJECTIVE

With God's help, I can <u>humbly</u> speak the truth.

MEMORY LINK

Proverbs 15:1

"A soft answer turns away wrath, but a harsh word stirs up anger."

(KBC Study Bible, page 681)

SUPPLIES NEEDED THIS WEEK

GET CONNECTED

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

MEMORY LINK ACTIVITY

Full soda bottle
Option 1: Empty soda bottle
Option 2: Hula hoops

BIBLE CONNECTION

None

SURF TEAM LEADER

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

MAKE-IT-STICK REVIEW GAME

Option 1: Sponge balls, painters' tape, clean waste basket Option 2: Sponge balls, painters' tape, spatulas

Abigail Risks Her Life

WHAT'S THE POINT?

In today's lesson, students will learn they can show <u>humility</u> by putting the needs of others before their own. With <u>humility</u>, Abigail risked her life to dispel the conflict between two angry men. Through Abigail's example of <u>humility</u>, students will learn they can <u>humbly</u> resolve conflict and help bring about peace. Jesus provided the ultimate example of <u>humility</u> when He took the punishment for our sins and provided the way for people to be at peace with God. Students will learn that with God's help, they can <u>humbly</u> speak truth.

GET CONNECTED



Building relationships in surf teams; introducing today's lesson

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Use the following conversation prompts to get to know the students in your surf team and to introduce today's lesson.

- Today's character word is "humility." What does "humility" mean to you?
- How does helping your friends work out a conflict show humility?
- How can you show humility when you're caught in the middle of a conflict?



Guide clubbers to locate and mark today's Bible Connection and Memory Link in their Bibles, if they brought one, so they can find the pages quickly as directed in the session.

WORSHIP TIME



Pointing hearts toward God

As you consider these song selections by Amber Sky Records, think of our character word, <u>humility</u> this week. <u>Humility</u> starts with a right view of God and our relationship to Him.

"I Can Do All Things"

MEMORY LINK

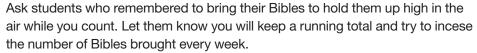


2 Minutes - Teaching the Bible verse to students

8 Minutes - Activity to help them memorize the verse

Full soda bottle

Focus on the Bible



Focus on Today's Memory Link

Today's Memory Link comes from the Old Testament. It is found in Proverbs, which is a collection of wise sayings. Today's verse gives us some wisdom on how to act when people around us are angry. Raise your hand if you are ever around angry people. Me too! Let's see what the verse says.

Show the soda bottle. What will happen if I shake this up and open it? (It explodes.) How are angry people sometimes like a soda bottle? (They can explode with anger.) Today's Memory Link tells how <u>humility</u> can prevent an explosion of anger. Follow along as I read Proverbs 15:1 (KBC Study Bible, page 681).

Let's talk about the second part of the verse first. Say it with me: "A harsh word stirs up anger." (Continue to shake the bottle as you talk.) When you use harsh words, it makes others feel angry and causes the anger to build up. What might happen with a friend when harsh words are exchanged? (Pretend like you will open the bottle.) That's right, anger can spew everywhere and make a big mess!

Now listen to the first part of the verse. Say it with me: "A soft answer turns away wrath." (As you talk, gently tap the lid of the bottle, settling the contents.) Wrath is extreme anger. If a gentle answer will settle extreme anger, what are some examples of gentle answers? (I'm sorry, it was my fault, please forgive me). So, if I continue softly tapping the bottle and holding it still, what will happen when it opens? (It will not explode.)

Option 1 - SPIN THE BOTTLE

Each surf team needs an empty soda bottle

Instuct each surf team to sit in a circle. Place an empty bottle on it's side in the middle of each circle and spin it. When the bottle stops, the student to whom the lid is pointing – and the person on each side of him – will say the verse together. The student to whom the lid pointed will spin the bottle again. Continue until everyone has a turn to say the verse.

Option 2 - SHAKE IT

Hula hoops

Students will take turns hula hooping as the others recite the verse. Try not to let the hula hoop fall to the ground before the verse is completed. For expert hula hoopers, see how many times the surf team can recite the verse before the hula hoop falls.



Proverbs 15:1

"A soft answer turns away wrath, but a harsh word stirs up anger." (KBC Study Bible, pg. 681)

Bible 101 📖

Let the students know that the book of Proverbs is a collection of wise sayings. There are 31 chapters in Proverbs. Let the students know they could read a chapter a day.

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BIBLE CONNECTION



LESSON 15 "HUMILITY" (page 3)

Teaching today's Character Word through a gospel-centered Bible story

No supplies needed

Set the Stage

Open your KBC Study Bibles to 1 Samuel 25:2-42. Our story begins on page 315. There are three main people in today's story. First, there's David. David and his friends were running and hiding from King Saul. God had chosen David to be the new king and King Saul didn't like it one bit. He wanted to kill David. Each time you hear me say David's name, say, "future king."

Next, there's Nabal. The Bible describes Nabal as very rich, very harsh and very evil. In fact, his name even means "fool." So, when you hear me say Nabal, cross your arms, make a grumpy face and say angrily, "grumpy dude."

Finally, we have Abigail. Abigail was Nabals' wife. The Bible says she was beautiful and wise. Each time I say Abigail's name, fold your hands quietly, and in your sweetest southern belle voice say, "Get along, boys."

Now let's practice before the story gets going. Practice a couple times with students. Now our story...

Tell the Story

DAVID (pause) had been running for his life from King Saul. He and his friends had stopped to rest. They ran into NABAL's (pause) servants who were out in the field taking care of the sheep. DAVID's (pause) men and the servants got along nicely. The men were kind to the servants and protected them.

A while later, the time came for a special feast. By now DAVID (pause) and his men were nearby NABAL's (pause) house. DAVID (pause) sent messengers to NABAL (pause) to deliver a message saying, "Peace to you and to your house. My men and I were very kind to your servants. Would you please return the favor by sharing food with us so we can celebrate the feast day?"

NABAL (pause) was grumpy and arrogant and harsh. He said, "Who's DAVID (pause) anyway? I don't know anything about him. I'm not going to share MY bread or MY water or MY meat with these strangers. Go away!"

Well, the messengers came back and reported what had been said. DAVID (pause) had humbly asked for help and NABAL (pause) replied with selfishness and pride, so DAVID (pause) got very angry. He was so angry that he told his men to get their swords out and he led them toward NABAL's (pause) house for a fight.

Now ABIGAIL (pause) didn't know a thing about any of this until one of the servants came and told her what was happening. The servant explained how kind DAVID (pause) had been to them in the field. ABIGAIL (pause) thought quickly and moved into action. She told the servants to gather up food for a feast and take it to DAVID (I bread, the meat from fig cakes and more DAVID (pause) and marching toward N ABIGAIL (pause) и

As You Prepare

Allowing students to be a part of the Bible Connection Time is a great way to engage them and help them learn. They will be excited about God's word when you show excitement about the lesson you are teaching from God's word.

D (pause) and his men. She sent them with 200 loaves of	
om five sheep, 100 clusters of raisins, two skins of wine, 200	
e! Her servants loaded it up on donkeys and set off toward	
his men who at that very moment had their swords out	
IABAL (pause) who at that very moment had no clue what	
vas up to.	
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ABIGAIL (pause) and DAVID (pause) came face to face in the valley between two hills. ABIGAIL (pause) humbly bowed down low to the ground and spoke to DAVID (pause). She said, "Please don't pay any attention to my scoundrel husband, NABAL (pause). He is a foolish man and makes poor decisions. It's not too late for you to make the right decision by turning back and not taking out revenge on my husband. You will regret it if you act in anger and take lives over this foolishness. Now, please accept this gift of food that I give to you today. Please forgive me for getting in the middle of this. I know that God is with you and will continue to bless you as the new ruler over Israel. Please remember me when you become king.

DAVID (pause) praised God for sending ABIGAIL (pause). Her <u>humble</u> actions prevented him from making a terrible mistake in his anger. DAVID (pause) received the gifts and told ABIGAIL (pause) she could go in peace.

Now ABIGAIL (pause) knew she needed to tell NABAL (pause) what had happened. But NABAL (pause) was so drunk at the feast that she wisely decided it was best to wait until morning. The next day, she told him everything. The minute he heard her story, the Bible says, "his heart died within him and he became like a stone," and a few days later he died.

Thank the student volunteers for their part in telling the story. Instruct them to stop now as you continue.

Application

Wow, Abigail's <u>humble</u>, soft answer really helped resolve an angry situation. Let's say you had two friends who got angry at each other out on the playground at school. What would you do? Would you be willing to <u>humbly</u> do what Abigail did and help your friends stop fighting so they wouldn't hurt each other?

Gospel Connection

Think about how Abigail's <u>humility</u> made a difference for David. Jesus' <u>humility</u> makes a much bigger difference for you and me. Jesus valued you more than Himself when He chose to die on a cross and take the punishment for your sins. All you have to do is ADMIT that you have sinned and ASK Jesus to come into your life and forgive you of all your sin. Next, BELIEVE that Jesus died on the cross for your sins. Then CHOOSE TO FOLLOW Jesus. So, if any of you would like to pray today and ASK Jesus to be your Forever Friend and you have never done that before, then please come talk to me after I pray.

Invite students wanting to know more about praying to ask Jesus to be their Forever Friend to move to the designated counseling area to talk with a leader one on one. Be sure to have counseling supplies available.



Gospel Tip

A child from a religious background will need to answer questions regarding their understanding of Jesus and the truth of all of God's word. An unchurched child will not understand any of the Christian terms we use and need unfamiliar words defined.

SURF TEAM TIME

LESSON 15 "HUMILITY" (page 5)

Connecting with students in small groups; applying today's Bible Connection and Character Word

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Today's Bible Lesson



- Before you begin, ask if there are any students who would like to talk with the Bible Connection Leader about praying to ask Jesus to become their Forever Friend. If so, let them go to the designated area.
- What questions do you have about today's story?

Use the Bible



Give each student a Memory Link card. Review today's Memory Link and Character Word. Guide them to use cards to mark today's story in their KBC Study Bibles, if they brought one, and lead them to highlight today's Memory Link.

Hang 10 Pages



Give each student a Hang 10 page. Challenge them to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage students to do the Weekly Challenge and bring back their Hang 10 pages next week for a time of discussion.

Look at Day 3 of the Hang 10. Read 1 Samuel 25: 24-42 (KBC Study Bible, page 315-317). Who can you share this story with? Tell someone the story of Abigail's soft answer and how responding with humility kept an angry situation from getting worse.

Pray

Give the students a few minutes to share their prayer requests or write them on index cards. Ask a volunteer to lead the group in prayer. Take the cards home and remember to pray for the student in your surf team this week.

Jesus, thank You for showing us the best example of humility by dying on the cross for our sins and making a way for us to be with You forever. In Jesus' name, amen.

Connection Tip

Remember to extend an ongoing invitation to your Beach Club® families to your church programs and events. Whether a student lives with both parents, a single parent, grandparents or a foster situation, there's a place for everyone at your church! Consider making in-home visits to these families. Remember, they may also have other siblings in the home that don't attend Beach Club®. Personal visits are a great way to show you care about the whole family.

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MAKE IT STICK - REVIEW GAME





Playing a game to review today's Bible Connection and Character Word

Option 1 - KNOCK OUT

Two sponge balls, painters' tape, clean waste basket (per surf team)

Prepare

Mark a tape line on the floor. Place the waste basket several feet away from the line.

Instruct surf teams to line up in two single file lines behind the tape. Give the first two players each a ball. At your signal, both players will shoot, trying to make a basket. If it's a miss, players can keep shooting until someone makes a basket. The first player to make a basket will answer a review question and earn two (2) points for her team. Both players will return to the end of the line and the next two players will shoot. Continue until everyone has a turn to shoot or time runs out. Calculate the points and declare a winning team.

Option 2 - SPATULA PUTT

Sponge balls, spatulas, painters' tape

Prepare

Use painter's tape to mark a goal by sticking down two parallel pieces of tape about six inches apart. Use painter's tape to mark a start line a few feet away from the goal.

Divide into teams. Students will answer review questions. Each correct answer earns a turn to putt. Students will use the spatula like a putter to gently hit the sponge ball so it rolls through the goal (two parallel tape lines). Each successful putt earns five (5) points for that surf team. At the end of play, calculate the points and declare a winning surf team. If you have a large Beach Club®, consider creating as many putting stations as you need for the size of your group. Place one Surf Team Leader at each putting station to ask review questions and keep score.

REVIEW QUESTIONS

- 1. What is today's Character Word? (humility)
- 2. What does "humility" mean? (to value others above yourself, opposite of prideful, arrogant, conceited)
- Is today's story found in the Old Testament or New Testament? (Old Testament)
- 4. What did David's men ask Nabal to do? (share his food for the feast)
- 5. How did Nabal "stir up anger?" (by being mean, not sharing, being selfish)
- 6. Why was David angry at Nabal? (Nabal wouldn't share even when David showed kindness first)
- 7. How did Abigail "turn away wrath?" (kindness, humility)
- 8. Recite today's Memory Link. (Proverbs 15:1, "A soft answer turns away wrath, but a harsh word stirs up anger.")
- 9. How did Jesus show <u>humility</u>? (by dying on a cross)
- 10. Name a way to make Jesus cool at school. (Answers may vary.)

"A soft answer turns away wrath, but a harsh word stirs up anger."

Proverbs 15:1

