



LESSON 15

Abigail Risks Her Life

1 Samuel 25:2-42

(KBC Study Bible, pages 315-317)

Character Word

Humility – to value others above yourself; opposite of prideful, arrogant, and conceited

Abigail’s humble, soft answer really helped resolve an angry situation. Remember, pride causes arguments but humility helps you get along with others.

With God’s help, I can humbly speak the truth.

Memory Link

“A soft answer turns away wrath, but a harsh word stirs up anger.”

Proverbs 15:1 (KBC Study Bible, page 681)

Weekly Challenge

If you have siblings, and you get into an argument, remember to respond with humility rather than anger.

DAY 1 READ: Bible Explorers (KBC Study Bible, page 315)

TALK ABOUT: Talk about how Abigail showed humility and stopped a big fight from happening. Talk with someone at home about a way you can show humility to someone at school that may treat you or a friend unfairly.

PRAY: Thank You, Jesus, for wanting to be my forever friend. Help me see ways to show humility to those around me. In Jesus’ name, Amen.

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DAY 2 READ: 1 Peter 5:5-7 (KBC Study Bible, page 1351)

DO: God wants us to respect adults and submit to their authority. Focus on humbling yourself this week and responding with kind words.

PRAY: Lord, help me show respect to my parents and teachers and choose to be humble instead of thinking of myself and what I want. In Jesus' name, Amen.

DAY 3 READ: 1 Samuel 25:24-42 (KBC Study Bible, pages 316-317)

SHARE: Who can you share this story with? Tell someone the story of Abigail's soft answer and how responding with humility kept an angry situation from getting worse.

PRAY: Father, I ask that You help me be the one who can use a soft answer in times of anger. In Jesus' name, Amen.

DAY 4 READ: 1 Samuel 17 (KBC Study Bible, pages 304-307)

THINK: Read another story about David. Most people probably know David best as the one who killed a giant named Goliath. David had great confidence in God, and knew he could do anything with God's help.

PRAY: Thank You, God, for always being with me. Help me remember to rely upon You always. In Jesus' name, Amen.

DAY 5 READ: James 4:6 (KBC Study Bible, page 1343)

THINK: Think about humility. God does not like it when we are proud and arrogant. He wants to bless us when we show humility.

PRAY: Dear God, help me to humble myself in situations that can lead me to anger and pride or make wrong choices. In Jesus' name, Amen.

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