

LESSON 10
“CONTENTMENT”
(page 1)



BIBLE CONNECTION

1 Samuel 8:1-7; 9:16-17; 12:20-21
(pages 293-298)

CHARACTER WORD

Contentment - Being happy with what I have

TEACHING OBJECTIVE

I can be content with God because He is all I need.

MEMORY LINK

1 Samuel 12:20b

“Do not turn aside from following the LORD, but serve the LORD with all your heart.”

(KBC Study Bible, page 298)

SUPPLIES NEEDED THIS WEEK

GET CONNECTED

Paper, Memory Link cards, Hang 10 pages, index cards, pens, highlighters

MEMORY LINK ACTIVITY

Option 1: No supplies needed

Option 2: KBC Bible

BIBLE CONNECTION

Paper plate, “Make a Crown”
(Resource item)

SURF TEAM TIME

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

MAKE-IT-STICK REVIEW GAME

Option 1: Paper plates

Option 2: Balls, music

God Gives Israel a King

WHAT’S THE POINT?

Today’s world oozes discontentment. We are constantly told that we need things to make us happy (more gadgets, more money, more friends, more followers).

These things fail to satisfy and leave us wanting. Something newer, better, faster and fancier. Our fleshly desires are never fully satisfied.

The Israelite nation became discontented with God’s leadership and demanded God give them a king. God gave them what they asked AND all the complications that came with having an earthly king.

Contentment must be learned and requires effort. It involves sacrifice, patience, and discipline. Contentment is knowing God is enough and trusting Him to provide everything you need. What makes you discontent? How can you choose contentment in your circumstances? The secret of finding true and lasting contentment is knowing Christ, pressing in to know Him more and seeking to be more like Him.

GET CONNECTED

Building relationships in surf teams; introducing today’s lesson



Sheet of paper with black dot in the middle, Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Use the following conversation prompts to get to know the students in your surf team and to introduce today’s lesson.

- **Optional Activity:** Hold up the sheet of paper and ask students what they see. (Most likely they will mention the dot.) *This is a perfectly good sheet of paper, but with one small dot. It is just natural that we tend to point out the bad and overlook all the positive in situations.*
- *What is the difference between wanting and needing something?*
- *What does today’s character word, contentment, mean to you?*
- *How difficult or easy is it to be content?*



Guide students to locate and mark today’s Bible Connection and Memory Link in their Bibles, if they brought one, so they can find the pages quickly as directed in the session.

WORSHIP TIME

Pointing students’ hearts toward God



There is nothing quite like young people lifting their hands and singing songs of praise to God. Worshipping God is what each of us has been created to do. Take time to remind students why God deserves to be worshipped and what it means to worship God with a pure heart. Help them to understand that worship isn’t a time to be silly or distract others from experiencing God.

Consider these song choices: “Love the Lord”, by Lincoln Brewster; “Everything I Need - I’m Content”, by Amber Sky Records; “Do Not Be Anxious” (Philippians 4:6-7), by Seeds Family Worship.

MEMORY LINK

2 Minutes – Teaching the Bible verse to students
 8 Minutes – Activity to help them memorize the verse



LESSON 10 “CONTENTMENT” (page 2)

No supplies needed

Focus on the Bible

Ask everyone who brought their KBC Study Bibles to stand. Count how many KBC Study Bibles there are and challenge the group to have a higher number next week. Guide them to find someone without their KBC Study Bible who they can share with today.

How is the Bible divided? (Old Testament, New Testament) Today's story is found in 1 Samuel, which is in the Old Testament, hundreds of years before the birth of Jesus. Let's turn to 1 Samuel 12:20 on page 298 in our KBC Study Bibles. The letter "b" means this is the last half of the verse. Who would like to read the verse aloud for us today?

Focus on today's Memory Link

In this verse, the prophet Samuel, is speaking to the Israelites, God's chosen people. They had been worshipping other gods and asked for a king to rule them instead of God. Samuel challenged the people to stop worshipping other gods and be content to do things God's way.

Let's say our Memory Link together. This verse tells us to “serve the Lord with all your heart.” It's easy to get distracted by the things all around us that are not part of your heart, just like looking at the dot on the sheet of paper. God wants you to be content knowing that He will give you all that you need and that is enough.

Option 1 - MEMORY MIX-UP

No supplies needed

Recite the verse in a large group in various ways: 1) Instruct everyone who brought a KBC Study Bible to stand and recite the verse aloud together. 2) Instruct everyone who wore their KBC t-shirt (or a particular color) to stand up and recite the verse aloud together. 3) Instruct the boys to stand up and recite the verse together out loud; then the girls. 4) Instruct everyone to whisper the verse together; then say it in a regular voice. 5) Instruct each student to strike a yoga pose and ask everyone say it together.

Option 2 - OVER & UNDER

KBC Study Bible per surf team

Instruct each surf team to line up single file. Give the first student the KBC Study Bible. The first person passes the KBC Study Bible over their head to the person behind them and says the first word in the verse. The next person passes the KBC Study Bible under his legs to the one behind him while saying the next word. Once they pass it, they get at the end of the line. Play continues, passing the KBC Study Bible over the head, then under the legs, saying the next word of the verse until the reference has been said. Repeat as time allows.

1 Samuel 12:20b

“Do not turn aside from following the LORD, but serve the LORD with all your heart.”

(KBC Study Bible, page 298)

Teaching Tip

Remember most of the students are not churched and may not know the Bible very well. Beach Club could be the only place they learn to use the Bible! Feel free to use your Memory Link time each week to teach Bible facts and build in usage activities such as memorizing the books in order or building their skills by looking up previous weeks' memory verses.

BIBLE CONNECTION

Teaching today's character word through gospel-centered Bible story



LESSON 10 "CONTENTMENT" (page 3)

Paper plate crown (Resource item)

Set the Stage

Bring the tallest student up to the front and place the crown on his head. *What does a crown usually represent?* (a king) *Today's story is about the people of God asking for a king to rule over them. They were not content with what God provided.* (You will want to draw students' attention to your "king" when referring to Saul as you present the lesson.)

Tell the Story

Guide students to open their KBC Study Bibles to 1 Samuel 8 on page 293. *Today's Bible story covers chapters 8-12 in the book of 1 Samuel in the Old Testament and that is a lot! I hope you will read all of it at home, but today I'll summarize the story for you.*

The Israelites were God's chosen people. God provided prophets who would tell the people what God wanted them to do. Samuel was one of those prophets. God led the people and gave them everything they needed. His laws made His people different than the other nations who lived around them. The differences were good and helped the other nations see how great God is.

Samuel, the prophet, was very old. Instead of a new prophet the people wanted a king to rule them "like all the other nations." The Israelites forgot that there was no greater protector and ruler than God. The people were no longer content to do things God's way. They demanded an earthly king.

Samuel prayed to God about their request for a king. God was also upset at the people but told Samuel to allow them a king. In addition, God told Samuel to help the people understand all the problems that would come from being ruled by a king, such as being servants, being forced into an army and paying taxes.

The people still demanded a king to rule them. They were not content with what God had provided for many years.

Lead the students to chant, "We want a king! We want a king!"

Refer to your "king" as you tell the rest of the story. *One day an Israelite named Saul came to Samuel because he needed help. Samuel recognized that Saul was the one God picked to be king. God had given him that gift to know the king at the right time! So Samuel anointed Saul as king. God gave Saul a new heart and the gift of prophecy.*

Why did God give Saul a new heart? God wanted to help Saul be a good king and lead the people to follow God so that meant that God changed Saul's heart to follow Him. When Samuel introduced Saul to the people as their new king, he stood up much taller than everyone! The people liked how big and strong their new king looked! Our Bible even says that he was very handsome! The Israelites were not content with what Saul thought or his heart, instead they wanted the things the world thought were important. How do you think they felt about a big, strong king? What did God think?

As You Prepare

Before the session scan the room for the tallest student and ask him or her to help you during the story. Make the paper plate crown found in the Resource Item for today's lesson.

This story covers a long passage of scripture. Read and summarize in your own words as you tell the story to your students.

Teaching Tip

Because there are many passages of Scripture to cover in this story, make certain to have your Bible open and "read" from your notes if needed. Students need to see you using your Bible and not just "telling the story". Use phrases such as "our Bible says... or this verse states that... so that they will know that this story is true and from God's word.

So Saul was made king. During the coronation ceremony when Saul was appointed king, Samuel warned and reminded the Israelites that because they were not content to do things God’s way and asked for a king, their lives would be difficult now. Samuel encouraged the people not to turn away from following God – to fear and serve Him always. Guide the students to recite today’s Memory Link together.

Application

Just like God changed Saul’s heart, Jesus will change your heart so that you will want to do things His way and follow Him more all the time. God will help you be content to know that Jesus is enough.

Gospel Connection 

Just like God wanted the Israelites to be content to love and serve Him, God wants you to love and serve God, too. You can be content to do things God’s way even when it’s hard. God changed Saul’s heart in order for him to be a good king over His people. God offers to give you a changed heart if you choose to trust Jesus and follow Him all your days.

It is as easy as A-B-C! ADMIT to God that you have sinned, BELIEVE that Jesus died on the cross for your sin and rose again to live with His Father in heaven, then CHOOSE to FOLLOW Him by asking Jesus to be your Forever Friend!

Pray that students will allow God to change their hearts and to serve Him.

Invite students wanting to know more about praying to ask Jesus to be their Forever Friend to move to the designated counseling area to meet with a leader one on one. Be sure to have all the decision supplies available.

Gospel Tip

It’s important to explain our Christian words and how some phrases mean the same thing. One example is explaining how “making Jesus your Forever Friend” is the same as “asking Jesus into your heart,” and “making Jesus your Lord and Savior.” Explain that all of these mean trusting that Jesus lived the perfect life for you, died for your sins and rose from the grave so that you can live for eternity in heaven. As you present the gospel message, use wording that is appropriate for the students in your group so that they will understand.

SURF TEAM TIME

Connecting with students in small groups; applying today's Bible Connection and Character Word



LESSON 10
"CONTENTMENT"
(page 5)

Memory Link cards, Hang 10 pages, Index cards, pens, highlighters

Today's Bible Lesson

- Before you begin, ask if there are any students who would like to talk with the Bible Connection Leader about praying to ask Jesus to become their Forever Friend. If so, let them go to the designated area.
- *What questions do you have about today's story?*
- *What does this story tell us about God?*
- *What was most important to the Israelites in this story? (Why did they choose Saul?)*

Use the Bible

Give each student a Memory Link card. Review today's Memory Link and Character Word. Guide them to use cards to mark today's story in their KBC Study Bibles and highlight today's Memory Link if they have not already done so.

Hang 10 Pages

Give each student a Hang 10 Page. Challenge them to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage them to bring back their Hang 10 pages next week.

Let's look at our Hang 10 to see what your Weekly Challenge instructs you to do this week. Let's turn to the tip-in page "God Is..." (between pages 434-435) in your KBC Study Bible. Because God has all these attributes, He can be the King of your life through trusting Jesus as your Savior. Talk with your parents or grandparents about which description of God sticks out to you most and why.

Pray

Ask for a volunteer to lead the group in prayer. Next, ask students to write their prayer requests on an index card. Take them home and pray for them this week. Share them with your Lifeguard or prayer group at church as well.

Dear God, help me to follow You and serve You with all my heart. I want You to be King of my life. In Jesus' name, amen.

Teaching Tip

Building relationships is key in Beach Club, especially as a Surf Team Leader. Ask your club's Record Keeper to print you a list of your surf team's information from the KiDs Online Management System (KOMS). Send each student a note of encouragement and let them know you're praying for them! Making this a regular habit, as well as reaching out to the parents, builds opportunities to share the gospel and His love with families!

MAKE IT STICK - REVIEW GAME

Playing a game to review today’s Bible Connection and Character Word



Option 1 - WHO’S YOUR KING?

Paper plates; follow directions on “Make a Crown” (Resource item)

Instruct the students to sit in a circle with their eyes closed. One person is the “crown” who will walk/run around the outside of the circle with the crown, placing it on one person’s head. The student who has been “crowned” chases the other back to his seat. Whoever is left standing answers a review question. He is now the “crown” and play continues until all the questions have been asked. Remind the students to choose a different person each time.

Option 2 - BOYS VS. GIRLS

One ball per team, music

Divide the students into teams, boys versus girls. Instruct each team to stand or sit in a circle. Play the music and instruct the students to toss the ball to one another in no certain order as fast as they can. Count how many times the ball is caught. When the music stops, ask review questions to the team who had the most number of catches. Play continues until all the questions have been answered.

Optional Activity: For large Beach Clubs, instead of playing in two large teams of boys vs. girls, you may choose to instruct two surf teams to compete against each other.

REVIEW QUESTIONS

1. What is today’s character word? (contentment)
2. What does contentment mean? (being happy with what I have, understanding God is enough)
3. What book in the Bible is today’s Memory Link and Bible story? (1 Samuel)
4. Is today’s Bible story in the Old or New Testament? (old)
5. Who was the prophet in today’s story? (Samuel)
6. Who was the man who became king of Israel? (Saul)
7. Why did the Israelites like Saul as their king? (because he was tall, handsome and strong)
8. How can you show contentment with God? (Answers will vary.)
9. Why is God the best King? (He knows all, is wise, protects, helps us in trouble, etc.)
10. How does God give people new hearts today? (when people trust Jesus as their Savior)

Teaching Tip

Boys and girls learn and express themselves differently. Girls generally connect well by sitting and talking like we do in the Make-It-Stick time. However, boys most often connect best while being active, and that’s ok!

Since the goal is to build relationships, boys may do this best by playing a game with a ball or some other non-sitting activity. Questions can be asked while participating this way and is why we’ve included optional activities during the Make-It-Stick time.



***“Do not turn aside
from following the
LORD, but serve the
LORD with all your
heart.”***

1 Samuel 12:20b

KBC Study Bible, page 298