

LESSON 4
“COURAGE”
(page 1)



BIBLE CONNECTION

Exodus 14:1-31 (pages 78-80)

CHARACTER WORD

Courage - Standing up for what I believe in; bravery

TEACHING OBJECTIVE

I can have *courage* because God keeps His promises.

MEMORY LINK

Exodus 14:13a

“Do not be afraid. Stand still, and see the salvation of the Lord.”

(KBC Study Bible, page 79)

SUPPLIES NEEDED THIS WEEK

GET CONNECTED

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

MEMORY LINK ACTIVITY

Option 1: White board, dry erase marker, eraser

Option 2: No supplies needed

BIBLE CONNECTION

Index cards,

Option: “Act It Out Cards”
(Resource item)

SURF TEAM TIME

Memory Link cards, Hang 10 pages, index cards, pens, highlighters

MAKE-IT-STICK REVIEW GAME

Option 1: Bandanas

Option 2: Pennies, jump ropes/hula hoops

The Israelites Escape from Egypt

WHAT’S THE POINT?

Phrases like “do not fear” and “do not be afraid” are repeated over and over in the Bible. Perhaps it’s because people are prone to worry and fear over circumstances that are out of our control rather than trusting what we know to be true about God.

Understanding foundational truths about God, such as His love, care, protection, and provision builds within us courage. Not courage in our own abilities and strength, but courage because of who God is and His ability. Where do we learn those foundational truths? Through studying and meditating on His Word.

God wants us to have the courage to stand up for truth, specifically the truth of God’s Word. God has opened the door through KiDs Beach Club® for us to share Jesus in public schools. Let’s boldly and courageously preach the gospel and teach the Word in this public arena. God promises to fight the battle for us. And we know the end of the story... He wins! So, move forward in faith rather than fear. Have courage because if God is for us who can be against us?

GET CONNECTED

Building relationships in surf teams; introducing today’s lesson



Memory Link cards, Hang 10 pages, index cards, pens, highlighters

Use the following conversation prompts to get to know the students in your surf team and to introduce today’s lesson.

- *Today’s story is about a whole nation who panicked in fear. Can you think about a time you were so scared you panicked?*
- *Our character word today is courage. What does courage mean to you?*
- *Show me how a person who feels scared might look and act. Show me how a person with courage looks and acts.*
- *Many young people are afraid of swimming. What things might help a person who is afraid of swimming to have courage? (life jacket, lessons, lifeguards, etc.)*



Guide students to locate and mark today’s Bible Connection and Memory Link in their Bibles, if they brought one, so they can find the pages quickly as directed in the session.

WORSHIP TIME

Pointing students’ hearts toward God



Don’t underestimate students. Their hearts are longing for the presence of God just like your heart is. Provide a time of intimate worship of God through music. Enlist some older students to help lead in worship by demonstrating motions, singing, etc.

Consider these song choices: “Be Strong and Courageous”, by Seeds Family Worship and “Never Let Go of Me”, from Group (Lifetree kids)

MEMORY LINK

2 Minutes – Teaching the Bible verse to students
8 Minutes – Activity to help them memorize the verse



LESSON 4 “COURAGE” *(page 2)*

No supplies needed

Focus on the Bible

Ask students to hold up their Bibles high in the air. Remind everyone that does not yet have a KBC Study Bible that they will receive one on Great Treasure Day, coming soon. *Today’s Memory Link is in the Old Testament book of Exodus, the second book of the Bible. Let’s open our Bibles to the Table of Contents and read the first five books of the Bible: Genesis, Exodus, Leviticus, Numbers, Deuteronomy. These books were written by a man named Moses and contain all of the religious laws that people followed during that time. They are called the Books of Law. Let’s turn to page 79 to find Exodus 14:13 in our Bibles and read this verse together.*

Focus on today’s Memory Link

Our Memory Link, Exodus 14:13a, is part of today’s story. Take a look at two important words: afraid and salvation. The people in today’s story felt afraid. Salvation means being saved from something. The people in the story who felt afraid were saved by God from a scary situation.

We will see these words, “Do not be afraid” in the Bible many times. God wants us to know that He is always with us, He gives us courage to not be afraid! Let’s stand up and say our verse together. (Exodus 14:13a)

Option 1 - DISAPPEARING VERSE

White board, dry erase marker, eraser for each surf team

Prepare: Write the verse on the board.

Ask the group to read the verse aloud together a few times. Include the reference each time. Call on a student to erase one word. Read the verse as a group, including the erased word. Repeat until all the words and reference are gone and the students are able to recite from memory.

Option: If you don’t have access to a white board, write the verse on a poster and cover each word with a sticky note instead of erasing.

Option 2 - TRICKY TEACHER

No supplies needed

Repeat the verse with everyone several times so that they are familiar with it. Then, say the verse aloud to them, but make a mistake. When they hear the mistake, they call out “Gotcha” and get one point. If the students don’t catch the error, the “Tricky Teacher” gets a point.

Play with everyone or in surf teams.

Exodus 14:13a

“Do not be afraid. Stand still, and see the salvation of the Lord.”

(KBC Study Bible, page 79)

Teaching Tip

Encourage students to bring their Bibles and explain the importance of having it at club each week. Your church and/or volunteers may have extra Bibles that can be used during Beach Club until Great Treasure Day so that students can experience the Bible activities. Make certain that Surf Team Leaders assist them with locating verses.

BIBLE CONNECTION



Teaching today's character word through gospel-centered Bible story

LESSON 4 "COURAGE" *(page 3)*

Index cards; Option: "Act-It-Out" cards (Resource item)

Set the Stage

Invite volunteers to show courage by coming up in front of the group, selecting an index card and acting out what's on the card for the other students to guess. Once all the actions have been correctly identified, thank the actor for their courage and ask, "What did all these things have in common?" (Things people are afraid of.) Today's Bible story tells about a time when a whole nation was afraid and gained courage because of God's power.

Tell the Story

Guide students to open their KBC Study Bibles to Exodus 14 (page 78) and keep them open as you tell the story.

Moses was a man chosen by God to lead the people of Israel out of slavery in Egypt. Two million of them! They had a long way to go and it would take a long time. Remember there were no cell phones, no internet, no map app or GPS to guide them! Our Bible tells us that God showed them the way to go by providing a pillar of cloud by day and a pillar of fire by night. God showed them the way!

When the king of Egypt realized all the slaves had left Egypt, he began to think that maybe he had made the wrong decision to let them go, so he changed his mind. The king gathered up his army and his 600 fastest chariots and set out to chase down the Israelites.

When the king and his army got closer, the Israelites saw them coming and they panicked. Two million people were trapped! They were stuck between the army and a sea with nowhere to go! What would you have done? Of course, they were afraid, so they cried out to God in anger and fear. They said it would be better to be slaves in Egypt than to die in the middle of nowhere.

What happened to their courage? God had led them out of slavery in Egypt, given them food and drink on their long journey and had shown them the way with the pillar of cloud by day and the pillar of fire by night but they still panicked. They forgot God's power. They forgot God was with them.

The same thing happens to us. We say we trust God, then something happens that causes us to feel afraid. We doubt whether God will really come through for us. That has happened to me, what about you?

Let's look at our Memory Link again ("Do not be afraid. Stand still, and see the salvation of the Lord." Exodus 14:13a) Moses said these words to the people so that they would remember that God was with them and would save them. Moses courageously trusted God and led the people to have courage, too.

Then God told Moses exactly what to do. Moses stretched out his hand and a strong wind blew. The sea was pushed back and divided. Then the Israelites — all 2 million of them — walked on dry ground... through the middle of the sea... between two walls of water... all the way to the other side!

As You Prepare

Write each of the following words/phrases on a separate index card: tornado, angry barking dog, having a nightmare, spider. Option: Print "Act It Out Cards" from the Resource item and cut apart.

The Egyptian king and his army came after them. When the whole Egyptian army was in the sea between the two walls of water, the Lord commanded Moses to stretch out his hand again. Moses obeyed, and all the water came rushing together so that the entire Egyptian army and the king were drowned.

Ask a volunteer to read Exodus 14:31 (pages 79-80) aloud while everyone follows along. The people of Israel believed everything Moses said. They realized God had the power to save them. The Bible says they “feared the Lord.” They recognized how powerful God was and respected him greatly. They knew God had saved them. Safely on the other side of the sea, they worshipped God. They drew courage from God to continue their journey to the promised land.

Application

The Israelites had courage because they trusted God to be with them and protect them. Knowing more about who God is will give you courage to keep trusting Him even in tough times. Knowing God will help you live with courage every day!

Gospel Connection 

Just like God saved the Israelites, He provided a way to rescue us, too. God sent Jesus to die on the cross and pay for our sins. When Jesus rose from the dead, He defeated sin forever. Do you have the courage to turn away from your sin and accept God’s gift to rescue you? Today you can ADMIT you are a sinner and ASK Jesus to forgive your sin. Next, BELIEVE that Jesus died and rose again for your sin, trusting Him as the only one who can rescue you. Then, CONFESS your sin to God and CHOOSE TO FOLLOW Jesus as your Savior and Lord, making Him your Forever Friend. With courage, you can turn away from your sin and turn toward the God who loves you and sent His Son to die for you.

Lead in prayer that we can all have courage and not be afraid with God leading us.

Invite students wanting to know more about praying to ask Jesus to be their Forever Friend to move to the designated counseling area to meet with a leader one on one. Be sure to have all the decision supplies available.

Gospel Tip

Always use the Bible to show students how to have a relationship with Jesus. As you talk with young people about becoming a Christian, guide them to find and read key Bible verses on their own. Take time to mark key verses in your KBC Study Bible so you’re always prepared to use the Bible to talk about salvation. Use the tip-in section “God Loves You and Has a Plan for Your Life” (between pages 626-627) as an outline for which verses to mark.

SURF TEAM TIME

Connecting with students in small groups;
applying today's Bible Connection and Character Word



Memory Link cards, Hang 10 pages, Index cards, pens, highlighters

Today's Bible Lesson

- Before you begin, ask if there are any students who would like to talk with the Bible Connection Leader about praying to ask Jesus to become their Forever Friend. If so, let them go to the designated area.
- *What questions do you have about today's story?*
- *The Israelites' attitudes shifted from courage to fear to courage again. What caused their attitudes to change?*
- *Why does it take courage to follow Jesus? Where does the courage to follow Jesus come from?*
- *What truth do you know about God that gives you courage?*
- *Knowing God always keeps His promises, what would you say to a friend in need of courage?*

Use the Bible

Give each student a Memory Link card. Review today's Memory Link and Character Word. Guide them to use cards to mark today's story in their KBC Study Bibles and highlight today's Memory Link if they brought a Bible.

Hang 10 Pages

Give each student a Hang 10 Page. Challenge them to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage them to bring back their Hang 10 pages next week.

When you look at Day 2 of your Hang 10 page, you are reminded that no matter what happens in your life, God is with you. Trust Him and look to Him for courage to help you every day.

Pray

Encourage students to write prayer requests on index cards. Lead them in prayer. Take the cards home and pray for your students and these requests during the week.

Thank You, God, for being the source of courage. We praise You that You are always with us to help us. Help us to be courageous because of You. In Jesus' name, amen.

Teaching Tip

Surf teams should include 6-10 kids for each leader. Your goal is to draw students into discussion and build relationships with them. Children really don't care about how much we know until they see how much we CARE! Statistically, 62 percent of the kids in Beach Club have no affiliation to a church and many of them don't know about Jesus. YOU ARE the Jesus they see; you are Jesus with skin on.

MAKE IT STICK - REVIEW GAME

Playing a game to review today's Bible Connection and Character Word



LESSON 4 "COURAGE" (page 6)

Option 1 - THREE-LEGGED RACE

One bandana per pair of students within your surf team

PREPARE: Set up an object, like a cone, chair or backpack, for pairs to walk around.

Form pairs by matching those of similar height and build. Pairs stand next to each other, putting an arm around his partner's waist. The partners' inside legs should touch. Tie the partners' inside legs together so that they can walk with three legs rather than four. On signal from leader, pairs navigate around a cone/chair and back to the starting point. When pairs arrive back, ask a review question for them to answer together. Continue play until all pairs have had a turn.

Option 2 - BULL'S EYE

Pennies (or any tossing object), jump rope/hula hoop per team

PREPARE: Arrange the jump rope or hula hoop on the floor in a circle to resemble a target.

Split the group into teams. (Two teams will compete against each other.) Each team needs one penny. A player from each team will toss a penny and the closest one to the bull's eye (center of the jump rope spiral "target") gets to answer the question. Continue with other players from each team until all review questions have been asked/answered. Team with the most points wins.

REVIEW QUESTIONS

1. What is today's character word? (courage)
2. Where does courage come from? (God)
3. What happened to cause the Israelites to feel afraid? (They were trapped between the Egyptian army and the sea.)
4. What did Moses say to remind people to have courage? Hint, it's today's Memory Link. ("Do not be afraid. Stand still, and see the salvation of the Lord." Exodus 14:13a)
5. How did the people cross the sea? (God parted the water and they walked across on dry ground.)
6. What happened to the Egyptian king and his army? (They drowned in the sea.)
7. What's something you know about God that helps you have courage? (Answers will vary.)
8. How did God help lead the Israelites? (pillar of cloud by day and pillar of fire by night)
9. Name someone you can courageously tell about Jesus. (Answers will vary.)
10. Tell one way you can show courage and stand up for Jesus at your school. (Answers will vary, but "Come to Beach Club" is an excellent answer!)

Teaching Tip

Continue to build excitement with your new students about the KBC Study Bibles they will receive on Great Treasure Day. Show your sample copy and use it as much as possible during club.



***“Do not be afraid.
Stand still, and
see the salvation
of the Lord.”***

Exodus 14:13a

KBC Study Bible, page 79